

## Centre for Training and Rehabilitation

Post-op physiotherapeutic treatment is of vital importance to the success of the treatment. Therefore we have reserved more than half a storey for the physiotherapeutic department at Helsingpark-Clinic. Consulting rooms, gymnastics rooms, massage rooms, various fitness apparatuses, and even a kinotherapeutic bath ensure a physiotherapeutic treatment meeting all requirements. Our therapists, who have gained experience in top-level sport, will set your personal therapy aim in close co-operation with your physician and yourself and pursue it consistently. Apart from conventional rehabilitation treatments, we offer fitness programmes as well as individual performance diagnostics for athletes.